



THE TAUTOKO RANGATAHI Times

UPCOMING EVENTS:

#BeFitKids Classes - Every Monday, Wednesday and Friday during the school term, 4pm - 5pm

**3B Fitness Club
1st Birthday/End of year
Celebration,
The Furlong, Hawera
Saturday 9th December**

What an exciting Cohort we are currently having!

The weather is warming up, which is making for some exciting training sessions being able to utilise the great outdoors. This is adding some great variations to the training sessions, with many more opportunities on the cards for the weeks ahead.

Cohort 4 is a busy time for many of the #BeFitKids with school exams for some, and summer sports for many. A big congratulations to Harry Fevre and Cooper Scott who have been selected for their age group Taranaki Representative Cricket teams, such a huge achievement for you both. Sadly the clash in training sessions has removed them from the #BeFitKids training sessions for Cohort 4, but we hope to see you both return after the Cricket season. All the best to you both.

This has left a couple of places open for new #BeFitKids to join us for the remainder of the Cohort. If you have a child aged 12-17 who is looking for a new challenge, please contact 3B Fitness Club via their Facebook page www.facebook.com/3bfitnessclubhawera to register interest.

Nothing Naughty Fundraiser

Nothing Naughty bars are the best price healthier snack options, not to mention are super yummy. The awesome team at Nothing Naughty have accepted Tautoko Rangatahi's application to sell their bars as a fundraiser! The #BeFitKids are each being issued a box of 10 bars to sell this week. The bars are for sale for \$2 a bar, that's cheaper than buying directly from Nothing Naughty. These bars won't last long, did I mention they're super yummy, so find yourself a #BeFitKid and purchase yours ASAP.

BBQ Fundraiser

On Saturday the 28th October, we held a fundraising BBQ and Carwash at Bunnings. A load of the #BeFitKids, their parents, coaches and other supporters worked really hard, got soaking wet, and had a bunch of laughs! Thanks to the South Taranaki Community who purchased Sausages, had their cars washed and made donations, we were able to raise a massive \$580!

A huge thank you to Bunnings, our helpers and the South Taranaki community for making this all possible. The funds raised will be invested into sponsorship shortfalls and back in to our #BeFitKids by way of new equipment etc.

3B Fitness Club 1st Birthday / End of year Celebrations

The date for the 3B Fitness Club's 1st Birthday/End of year celebrations has been set for the 9th December from 12.30pm at The Furlong. The #BeFitKids and their parents/caregivers are invited, BUT you need to confirm numbers before the 10th November so that catering can be organised. Please confirm your spot (and numbers) via the event page, which is linked to on either Tautoko Rangatahi or 3B Fitness Club's Facebook pages. If you don't have access to Facebook, please confirm your spot and numbers to your trainer. Tautoko Rangatahi would LOVE to see you all there!

Cohort 4 Sponsors Invitation

3B Fitness Club, Tautoko Rangatahi and the #BeFitKids would like to invite all of our Cohort 4 Sponsors to come and view one of our #BeFitKids training sessions, so you can see first hand the hard work these kids are putting in, and see where your sponsorship money is being invested.

We would love to meet all of our sponsors at 3B Fitness Club (Behind Anderson's Pie Shop, entry via Hurrell Collision Repairs Driveway), on Wednesday the 29th November, 4pm-5pm

Photos from our BBQ/Car wash Fundraiser



A HUGE THANK YOU TO OUR COHORT 4 SPONSORS



www.tautokorangatahi.org.nz

www.facebook.com/tautokorangatahi

admin@tautokorangatahi.org.nz